

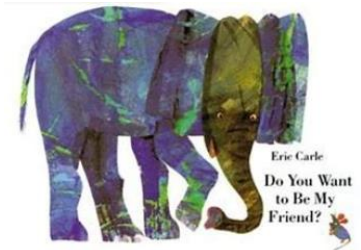
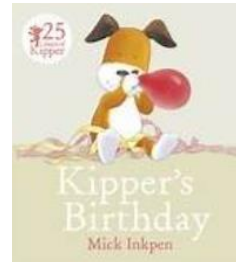
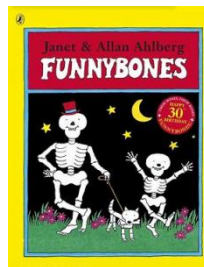
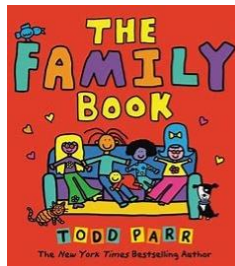
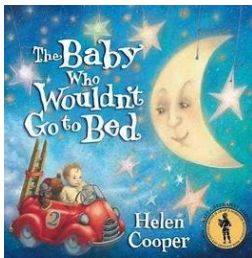
Reception Knowledge Organiser Autumn 1:

How can I look after myself?

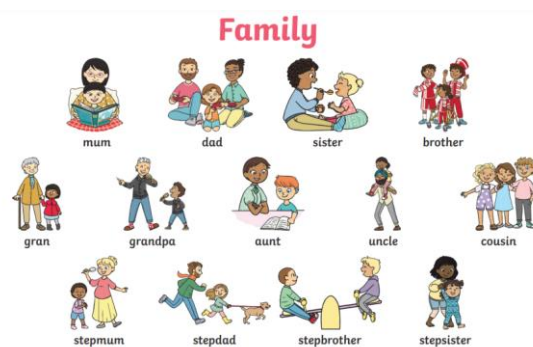
What do I know about me?

As we begin our Reception journey, this half term we will be focussing on ourselves. We will start by learning how we can look after ourselves now we are at school. For example, thinking about the importance of washing our hands, how to use a knife and fork, changing our shoes, putting our own coats on and how to line up safely. This topic enables children to develop self-awareness and to settle, look at themselves and to get to know their classmates. It also enables children to look at their own and others' special qualities and to start to consider the idea of equality.

Our focus books this half-term



Key Vocabulary



Key Questions

- How am I the same? How am I different?
- What makes a family?
- Why do I look like I do?
- What I like best is....
- Where in the world do my family come from?
- What can I do with my body?

Ideas for at home

- Look at a photograph of when you were younger and describe how you have changed.
- Draw a picture which shows all of the people who are special to you.
- Draw around the hands of everyone in your family. Can you cut them out and place them in order from smallest to biggest?